

Safe Sleep e-newsletter

February 2011

New Regulations for Cribs, Cradles & Bassinets

On December 1, Health Canada announced the new Cribs, Cradles and Bassinets regulations. The former regulations, set forth by the Consumer Product Safety Act, did not include bassinets. The new regulations set forth numerous changes including: addition of bassinets to the regulations, eliminating toe holds from cribs, establishing the same requirements for portable and standard cribs and aligning aspects of the Canadian corner post requirements with those of the United States. A full list of modifications is available through the Health Canada website at [www.hc-sc.gc.ca](http://www.hc-sc.gc.ca).

Canada already has stringent requirements for cribs and cradles, among some of the most stringent in the world. The amendment will further strengthen these safety requirements and allow for requirements pertaining to bassinets, which were previously not regulated.



Visit the CFSID website at [www.sidscanada.org/safesleep.html](http://www.sidscanada.org/safesleep.html) To take our Safe Sleep Test and find out how well you are informed about safe sleep for your baby.

Here you will also find information about how to provide a safe sleeping environment for your baby to reduce the risk of SIDS and infant sleep-related accidents.

Are you looking for more education in SIDS? A revised version of the online course, ABCs of Safe Sleep, was released in November. The course, directed at parents, caregivers and anyone that looks after a baby, outlines safe sleep practices to help reduce the risk of SIDS and infant sleep accidents. It also presents information about current product safety recommendations. The course is available through the CFSID website at [www.sidscanada.org](http://www.sidscanada.org) for \$19.95.

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Caution: Use of Baby Hammocks

Health Canada has issued an advisory warning against the use of baby hammocks as they pose a potential suffocation hazard. In addition, the inclined sleep surface increases the risk of rolling and becoming wedged, and potentially unable to breathe. Anyone using these products are urged to stop immediately and dispose of the item in a way in which it cannot be reused. For more information visit the [Health Canada website](http://HealthCanada.ca)

DONATE TODAY!

Your donation will help CFSID continue to educate parents, caregivers and professionals on SIDS risk reduction methods and safe sleep practices. Donate online via our website or by calling 1-800-363-7437.

RECALL NOTICES	RECALL NOTICES
<p><a href="#">Bassett Baby Drop Side Cribs with external plastic hardware</a></p> <p><a href="#">"Cool it" Soother by Vulli</a></p> <p><a href="#">Drop-side cribs by Ethan Allan</a></p> <p><a href="#">Zoom Buggy Car and Dream Pillow Star Educational Toys by Kindermusik</a></p> <p><a href="#">Organic Natural Charm Baby Sleeper (Romper)</a></p> <p><a href="#">Razbaby Pacifiers</a></p> <p><a href="#">Infantino SeaPals Water Teethers sold by Winners</a></p> <p><a href="#">Strollers by Phil &amp; Teds (sport v2 and classic v1)</a></p>	<p><a href="#">Generation 2 Worldwide and "ChildESIGN" Drop side crib brands</a></p> <p><a href="#">Sassy "refreshing rings" rattle/teether</a></p> <p><b>ADVISORIES &amp; WARNINGS</b></p> <p>ADVISORY: <a href="#">Parents and Caregivers warned about the dangers of baby hammocks</a></p> <p>Join the <a href="#">Consumer Product Safety News mailing list</a> and receive updates on consumer advisories and warnings, consumer product recalls and consultation documents as they become available on the Consumer Product Safety section of Health Canada's website.</p>

Product Watch: Angelcare Baby Monitors



Angelcare Monitors do not prevent SIDS.

There is a misconception about the use of Angelcare baby monitors and other movement-detection monitors that are for sale in retail stores across the country. These devices are being promoted as a way to prevent SIDS. This is simply not true. While these monitors may help parents sleep easier, it is not a medical device and cannot prevent a SIDS death.

The use of a monitor may bring piece of mind to some parents, but it can also be frustrating. False alarms cause panic in parents and wake the baby.

The best way to reduce the risk of SIDS is to have the baby sleep in their own crib, in the parents room, for the first six months of life. The crib should be free of clutter, soft bedding or other soft items. The baby should always be placed on their back to sleep. Below are some other ways to reduce the risk of SIDS:

- Provide a smoke-free environment
- Breastfeed—it has shown to provide a protective effect against SIDS.
- Never share a sleep surface with your baby (and do not allow your baby sleep with other children or pets)



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